

North Coast Endurance Coaching Running Hill Repeats



Run structured hill repeats
with a USA Triathlon Coach.

Build power and strength
during the off season!

DETAILS:

Tuesdays at 6pm at Chagrin River Road &
Miles at South Chagrin Reservation.

Starts November 6th


Must be a USAT member to participate



**MORE
INFORMATION?**

 www.NCEcoaching.com

 info@ncecoaching.com

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