

SWIM TRAINING SESSIONS



**Thursdays at
7:00 pm**

**LET YOUR TRIATHLON
JOURNEY BEGIN!**

Notre Dame College Keller Center South Euclid, OH


- Workout or Swim Instruction
- Learn the skills to master the swim
- Certified USAT Coach
- Excellent for Juniors, Beginners and Veterans!



**MORE
INFORMATION?**

 www.NCEcoaching.com

 info@ncecoaching.com

 North Coast Endurance Coaching