

North Coast Endurance Coaching INDOOR CYCLING TRAINING



Gear Discounts!



**Gain power and technique.
Pedal with tunes and
friends**

**Geared for beginners and
veterans alike!**

DETAILS:

Starts at 6:00pm
Wednesday Nights thru April
First night Nov 1st
\$5 per rider
1 ¼ hour long ride


**Held at Eddy's Bike Shop
2830 Bishop Rd
Willoughby Hills, OH 44092
440.943.2453
www.eddys.com**



**MORE
INFORMATION?**

 www.NCEcoaching.com

 info@ncecoaching.com

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