

NORTH COAST ENDURANCE COACHING SPRING TRAINING CAMP



MAY 3-5TH 2019
HELD IN NE OHIO (TBD)
BRING GEAR TO SWIM, BIKE,
RUN, AND TRANSITION.
\$100 PER PERSON



DIVE INTO THE SEASON WITH
A FULL WEEKEND OF INSTRUCTION
FROM CERTIFIED COACHES
WITH LOTS OF EXPERIENCE

PERFECT FOR NEWBIES AND ATHLETES
WHO WANT TO GET THE EDGE IN 2019

MORE INFO AT NCECOACHING.COM OR INFO@NCECOACHING.COM

WEST COAST ENDURANCE COACHING SPRING SKILLS CAMP



MAY 11TH 2019 AT 9AM TILL 4PM.
HELD AT TBD
BRING GEAR TO SWIM, BIKE,
RUN, AND TRANSITION.
\$50 PER PERSON



DIVE INTO THE SEASON WITH
A FULL DAY OF INSTRUCTION
FROM CERTIFIED COACHES
WITH LOTS OF EXPERIENCE

PERFECT FOR NEWBIES AND ATHLETES
WHO WANT TO GET THE EDGE IN 2019

MORE INFO AT WCECOACHING.COM OR INFO@WCECOACHING.COM